

Orthopedic Appointment Preparation

Please read over the following orthopedic appointment preparation tips to become familiar with our policies and procedures before coming in for your next appointment. For any questions, on these or other orthopedic appointment preparation procedures, please contact us at [716-439-0345](tel:716-439-0345) in [Lockport](tel:716-626-1824) or [716-626-1824](tel:716-626-1824) in [Williamsville](tel:716-626-1824).

Orthopedic Appointment Preparation: What To Wear

Please dress so that the body part you are having trouble with can be easily examined and/or X-rayed. If you are attending for a knee or hip problem please wear or bring shorts to your appointment, if not a gown will be provided for you.

If you are having shoulder or elbow problems, please wear a singlet or a top that has few buttons. Ladies, please ensure that underclothing is worn to allow the shoulder to be examined with the outer garments removed.

Orthopedic Appointment Preparation: What To Bring

When you come for your appointment, please remember to bring the following:

- Government Issued Photo ID
- Insurance card.
- Copies of operation records, medical records, X-rays, MRI's, CT scans, bone scans, ultrasounds or other related tests from prior doctors visits that relate to your problem area
- If you have seen a physical therapist, please bring a progress letter from the therapist.
- A list of all medications that you are currently taking and their doses.
- A list of any known drug allergies and the symptoms you may have from taking these medicines.
- Any medical information or reasons for admission to hospital.
- Your health insurance information.
- Your claim number if it is a workers compensation injury.